



Lyme Old Lyme HS: Jan 2019 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
WELCOME 2019!	1 HAPPY NEW YEAR	2 Biscuit, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	3 Pancakes Assorted Cereal w/String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	4 Bagel, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit
7 Egg and Cheese Breakfast Burrito Assorted Cereal w/ String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	8 Scrambled Eggs and Hash Browns Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	9 Biscuit, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	10 Pancakes Assorted Cereal w/String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	11 Bagel, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit
14 Egg and Cheese Breakfast Burrito Assorted Cereal w/ String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	EXAM WEEK NO BREAKFAST	EXAM WEEK NO BREAKFAST	EXAM WEEK NO BREAKFAST	EXAM WEEK NO BREAKFAST
NO SCHOOL MARTIN LUTHER KING DAY	22 Scrambled Eggs and Hash Browns Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	23 Biscuit, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	24 Pancakes Assorted Cereal w/String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	25 Bagel, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit
28 Egg and Cheese Breakfast Burrito Assorted Cereal w/ String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	29 Scrambled Eggs and Hash Browns Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	30 Biscuit, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	31 Pancakes Assorted Cereal w/String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	1 Bagel, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit

A Full Student Breakfast includes a choice of entree supplying grain and/or protein, fruit side dishes and choice of milk. Milk choices include 1% white and fat free chocolate. Full Paid \$3.00, Reduced \$0.30. Adults \$3.75. Applications for Free and Reduced Meals are available at the Main Office of each school and on the District website. This Employer is an Equal Opportunity Provider.

**All Hot Breakfasts
come with
a choice of Sausage,
Bacon, or Cheese**

Food Focus: Citrus!