



SIMPLY GOOD

Lyme Old Lyme HS: Feb 2019 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
28 Egg and Cheese Breakfast Burrito Assorted Cereal w/ String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	29 Scrambled Eggs and Hash Browns Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	30 Biscuit, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	31 Pancakes Assorted Cereal w/String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	1 Bagel, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit
4 Egg and Cheese Breakfast Burrito Assorted Cereal w/ String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	5 Scrambled Eggs and Hash Browns Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	6 Biscuit, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	7 Pancakes Assorted Cereal w/String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	8 Bagel, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit
11 Egg and Cheese Breakfast Burrito Assorted Cereal w/ String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	12 Scrambled Eggs and Hash Browns Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	13 Biscuit, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	14 Pancakes Assorted Cereal w/String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	15 Early Dismissal NO BRAKFAST
18 WINTER BREAK	19 WINTER BREAK	20 WINTER BREAK	21 WINTER BREAK	22 WINTER BREAK
25 Egg and Cheese Breakfast Burrito Assorted Cereal w/ String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	26 Scrambled Eggs and Hash Browns Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	27 Biscuit, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit	28 Pancakes Assorted Cereal w/String Cheese Yogurt & Granola Assorted Fruit Juice, Chilled and Whole Fruit	1 Bagel, Egg and Cheese Assorted Cereal w/String Cheese Yogurt and Granola Assorted Fruit Juice, Chilled and Whole Fruit

A Full Student Breakfast includes a choice of entree supplying grain and/or protein, fruit side dishes and choice of milk. Milk choices include 1% white and fat free chocolate. Full Paid \$3.00, Reduced \$0.30. Adults \$3.75. Applications for Free and Reduced Meals are available at the Main Office of each school and on the District website. This Employer is an Equal Opportunity Provider.

All Hot Breakfasts come with a choice of Sausage, Bacon, or Cheese

Food Focus: Sweet Potatoes!