



## Lyme Old Lyme ES: Lunch Menu Feb 2019

Monday	Tuesday	Wednesday	Thursday	Friday
28 Classic Cheeseburger on Whole Grain Bun Seasoned Potato Wedges Savory Green Beans	29 Beef Tacos Shredded Cheddar, Salsa Lettuce, Tomato, Light Sour Cream, Mexican Corn	30 Chicken Patty Baked French Fries Seasoned Mixed Vegetables	31 Penne Pasta with Meat Sauce Savory Green Beans Whole Grain Garlic Bread	1 Classic Cheese OR Pepperoni Pizza Colorful Tossed Salad
<b>Week 1: Cereal, Yogurt, and String Cheese Fun Lunch/Boar's Head Chicken Breast and American w/Lettuce on a Wheat Bulkie Roll</b>				
4 Corn Dog Baked Beans Sweet Potato Tater Tots	5 Meatball Grinder Tossed Salad Baked French Fries	6 Golden Toasty Cheese Sandwich Campbell's Tomato Soup	7 Breakfast for Lunch French Toast Sticks, Syrup Sausage Patties and Tator Tots	8 Classic Cheese OR Pepperoni Pizza California Veggie Blend
<b>Week 2: Nachos Fun Lunch/Boar's Head Maple Honey Ham and Swiss w/Lettuce in a Whole Grain Wrap</b>				
11 Cheese Filled Breadsticks Warm Marinara Sauce Seasoned Broccoli	12 Beef Burrito w/Refried Beans and Cheddar, Salsa, Light Sour Cream, Corn, Fiesta Rice	13 Chicken, Mashed Potatoes and Gravy Savory Green Peas Whole Grain Dinner Roll	14 Macaroni and Cheese w/Maple Honey Ham Seasoned Broccoli Whole Grain Breadstick	15 <b>Early Dismissal</b> Classic Cheese OR Pepperoni Pizza Colorful Tossed Salad
<b>Week 3: Muffin, Yogurt &amp; String Cheese Fun Lunch/Boar's Head Oven Gold Turkey and Provolone on a Wheat Bulkie Roll</b>				
18 <b>WINTER BREAK</b>	19 <b>WINTER BREAK</b>	20 <b>WINTER BREAK</b>	21 <b>WINTER BREAK</b>	22 <b>WINTER BREAK</b>
<b>Week 4: Bagel, Egg, and String Cheese Fun Lunch/Boar's Head Chicken Breast and American w/Lettuce in a WG Wrap</b>				
<b>Farm Fresh Fruit and Vegetables featuring Local Farms and Orchards</b>				
Power Peas Fresh Baby Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Garbanzo Beans Green Pepper Strips Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Power Peas Fresh Baby Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Garbanzo Beans Green Pepper Strips Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Power Peas Fresh Baby Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit
<b>We now Serve Boar's Head Deli Meats at All Schools!</b>	<b>Build Your Tray the Healthy Way!</b>	<b>Take at Least 3 Food Groups</b>	<b>A Full Student Lunch Includes an Entrée Supplying Grain and/or Protein</b>	<b>Vegetable and Fruit Fruit Side Dishes And a Choice of Milk</b>



Vegetarian



Locally Grown

**Food Focus of the Month:  
Sweet Potatoes!**

A Full Student Lunch includes an entrée supplying grain and/or protein, two (2) vegetable and one (1) fruit side dishes, and a choice of milk: skim, 1%, or fat free chocolate. Full Paid \$3.00, Reduced \$0.40, Free to those that qualify. Applications for Free and Reduced Meals are available at the Main Office of each school and on the District website. Questions: Call Gary Holland at 860-434-4442. This Institution is an Equal Opportunity Provider.