



Lyme-Old Lyme High School

Department of Athletics
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<http://www.region18.org>
Hildie Heck, Athletic Director
Jo Bolton, Athletic Secretary
Sammee Ward, Athletic Trainer

2018- 2019 **Winter Sports Information**

Registration for Winter Sports is now open on the Lyme-Old Lyme Athletic Webpage. The final day to accept registration online is Monday, November 12th for all Middle School Sports and Monday, November 26th for all High School Sports (Girls Basketball & Fencing should have their registration complete by Nov 21st to prevent any delays). To prevent from being held out of practice, begin the registration process and submit all required documents as soon as possible. In order to participate in ANY sport a student-athlete must have met all requirements stated in the Lyme-Old Lyme Athletic Handbook.

The **Mandatory High School Winter Sports Night** for parents and players will be **Thursday, November 15th at 6:30pm** in the High School Auditorium.

Middle School will be receiving information from their coaches/School with try-out and season information.

WINTER SPORTS IMPORTANT DATES:

Thursday, November 1st: WINTER SPORTS REGISTRATION OPENS in FamilyID

Monday, November 12th: ImPact Testing for MS Basketball (Girls 2:30, Boys 3:30 MS Media Center)

Monday, November 12th: REGISTRATION CLOSES for Middle School Sports

Monday, November 12th: MS Boys and Girls Try-Out begin

Thursday, November 15th: Mandatory Winter Parent/Student Team Night @ 6:30pm (HS ONLY)

Tuesday, November 20th: ImPact Testing for HS Girls Basketball & Fencing @ 2:30pm (Media Center)

Monday, November 26th: REGISTRATION CLOSES for High School Sports (Girls Basketball/Fencing should be complete by November 21 to prevent from being held out on the 26th)

Monday, November 26th: HS Girls Basketball and Fencing Begin

Monday, November 26th: ImPact Testing for Indoor Track @ 2:30p (HS Room 110)

Tuesday, November 27th: ImPact Testing for HS Boys and Girls Ice Hockey & Gymnastics @ 2:30pm

Tuesday, November 27th: ImPact Testing for HS Boys Basketball @ 3:30pm (HS Media Center)

Thursday, November 29th: All Winter Sport Begin

***Coaches will hand out season practice schedules

***Season game/event schedules can be found at www.region18.org under "Athletics"

CHECKLIST FOR PARTICIPATION IN WINTER SPORTS:

****ALL ITEMS MUST BE COMPLETE BEFORE BEING APPROVED TO PRACTICE****

- Complete the online athletic registration at www.familyid.com
- Confirm with nurse's office that your physical is up to date (must be within the last 13 months)
- Confirm with Athletic Trainer that ImPact Test (concussion baseline) is up to date.
- Be sure that there are NO outstanding balances on your school account. (posted on the parent portal in PowerSchool) or Contact Pat Bugbee in the Main Office
- Review the Lyme-Old Lyme Athletic Handbook located on the Region 18 webpage

QUESTIONS CONTACTS:

Pat Bugbee - Regarding High School Outstanding Balances

Lynn Flannigan - Regarding Middle School Outstanding Balances

Ellen Masu or Melissa Seckla - Regarding High School Physicals

Kathy Bartus - Regarding Middle School Physicals

Samme Ward - Regarding ImPact Testing, Injuries or Return to Play Protocols

Jo Bolton or Hildie Heck regarding Eligibility or Registration Approval

****Coaches should be contacted for all other questions**

REGISTRATION PROCESS:

Our schools sport registration is offered via online registration through Familyid.com. FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for our programs, and helps us to be more administratively efficient. When you register through FamilyID, the system keeps track of your information in your FamilyID profile. You enter your information only once for each family member for multiple uses and multiple programs, you will only ever need to update information and resubmit each athletic season. If you do not remember your password use the "forgot password" rather than creating a new account. By creating a new account all information stored prior will be lost and requires longer time to be approved.

***When completing the online registration, you will be fulfilling the requirement for the following forms and agreements.

- Permission to Participate in Athletics
- Extracurricular Activities Notification Acknowledgement
- Medical Data Sheet
- Concussion and Head Injury Awareness & Consent Form
- Sudden Cardiac Arrest Consent Form

A **parent/guardian** should register by using this link: <http://www.familyid.com/lyme-old-lyme-public-schools>

At any time, you may log in at www.familyid.com to update your information and to check your registration(s) and athlete status. To view a completed registration, select the 'Registration' tab on the blue bar. For support with registration or questions regarding familyid **Contact** FamilyID at: **support@familyid.com** or **888-800-5583 x1**. Support is available 7 days per week and messages will be returned promptly.