



Lyme-Old Lyme High School

Department of Athletics
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<http://www.region18.org>

Hildie Heck, Athletic Director
Jo Bolton, Athletic Secretary
Sammee Ward, Athletic Trainer

2018- 2019

Dear Lyme-Old Lyme Parents/Guardians and potential Unified Sports Members,

Unified Sports is a registered program of Special Olympics that combines approximately equal numbers of athletes with and without disabilities, on sports teams for training and competition. All Unified Sports players, both athletes and partners, are similar age and matched sport skill ability. Unified Sports teams are placed in competitive divisions based on their skill abilities, and range from training divisions (with a skill-learning focus) to high skill competition.

The pioneer sports program was started in 1992 under the partnership between the CIAC and the Special Olympics Connecticut to expand athletic opportunities for students of all abilities. The Unified Sports program has grown rapidly, with over 3000 students participating last year in Connecticut alone.

Lyme-Old Lyme is starting their own Unified Sports program this this year. We are looking for athletes and parents who are interested in committing to one or two practices a week, along with competitions between other shoreline schools a few times a season, as well as, a few shoreline and state tournaments. Sports that will be included in the program will be soccer, basketball, volleyball, bowling and track and field. We have a few events coming up the end of January and February if we get enough athletes signed up. We currently have a great set of partners signed up and are looking to get more athletes. Schedules are being set and we have a couple of great events coming up, so please reach out and get signed up, so we can get you on the mailing list.

Please discuss with your child about the idea of being a part of this amazing opportunity and begin your registration process if you haven't done so already. FamilyID is open for registration. Please see the reverse side for instructions on signing up.

Please feel free to contact me if you have questions concerning this program.

Sincerely,
Hildie Heck
Athletic Director