

## ACTIVE AFTERNOONERS

Thursdays, 1:15 p.m. – 2:30 p.m., Ages 3 and up  
Has your preschooler stopped napping? Join us for afternoons play, learning and lots of fun during the cold winter months. Entertaining books and engaging activities will be used to explore valuable social/emotional skills for preschool and beyond. Lots of time for free play and a healthy snack will be provided.

### Session I: January 10th – February 7th, 5 weeks \$40.

Jan 10th All About Me • Jan 17th Celebrating Differences  
Jan 24th Feelings • Jan 31st Mindfulness • Feb 7th Friendship

### Session II: Feb 14th – March 21st (no group 2/21) 5 weeks \$40

Feb 14: Kindness & Caring • Feb 28: Perseverance • Mar 7: Manners • Mar 14: Empathy • Mar 21: Helping Others

## MAKE IT & TAKE IT PLAYGROUP

Wednesdays, 10:15 -11:30 a.m., Ages 2.5 and up  
Create a work of art each week to bring home. Some projects are messy and may require adult assistance. All materials will be provided. Healthy snack and free play. Facilitated by Miss Alyssa.

### Session III: January 9th – February 13th 6 weeks \$48.

Jan 9: Snow Dough • Jan 16: Snowflakes • Jan 23: Winter Ribbon Wands • Jan 30: Heart Sun Catchers • Feb 6: DIY Friendship Valentine's • Feb 13: Fluffy Slime

### Session IV: February 27th – April 3rd 6 weeks \$48.

Feb 27: Masquerade Masks • March 6: Popsicle Stick Picture Frames • March 13: Rainbow Noodle Necklaces • March 20: DIY Kites • March 27: Kindness Rocks • April 3: Easter Egg Banners

## BUSY BAGS PLAYGROUP

Mondays, Feb 24 to March 25, Multi-age group, 5 weeks, \$40.  
Group A: 9:15 a.m. – 10:30 a.m.

Group B: 10:45 a.m. – 12:00 noon

What is a busy bag? A busy bag is a small container with activities inside that your child can play with all by himself. Going to a restaurant, waiting in a doctor's office, or a long drive in the car can be tough with a little one. We'll create a new bag each week for those times when your toddler needs a distraction. Kids help to put the bags together or even play with them, plus a healthy snack and plenty of free time to play will be included.

## CRAFTY KIDS

Mondays, January 7th – February 11th (no group 1/21)

Multi-age group, 5 weeks \$40

Group A: 9:15 a.m. – 10:30 a.m.

Group B: 10:45 a.m. – 12:00 noon

Bring your tiny artist to LYSB for some fun winter activities. We will sing, create winter themed art, have a snack and have plenty of time for free play.

Jan 7: Melted Snowman • Jan 14: Puffy Polar Bear • Jan 28: Winter Bubble Wrap Tree • Feb 4: Shivery Snow Paint • Feb 11: Valentine's Day Art

## MUSIC & MOVEMENT PLAYGROUP

Tuesdays, Jan 8th – Feb 26th, 10:45 – 11:30 a.m. (no group 2/19), 7 weeks, \$56, Ages 2.5 and up

Our movement playgroup for children and their parents/caregivers introduce movement by incorporating singing, musical instruments, and games, all to your favorite children's music. Full participation of the adult with the child supports bonding, modeling, language, and movement development through great fun and play.

## BABIES GROUP

Session III: Thursdays, Jan 10 - Feb 7, 10:30-11:30 a.m.

Session IV: Thursdays, Feb 14th – March 21st, 10:30-11:30 a.m.

Five week sessions, free. For new and expecting moms and parents of children up to 12 months. This group is casual, comfortable, and informative. Weekly topics of interest are based on your questions and concerns commonly found during the first year of parenting. Meet in the child friendly atmosphere of Mimi's Place at LYSB. Join anytime.

## NURSERY RHYMES COME TO LIFE PLAYGROUP

Tuesdays 9:30-10:30 a.m. Ages: around 12 months up to age 2  
Bring the magic of nursery rhymes to life. Sing and dance along to your favorite nursery rhymes followed by messy sensory play based on the theme of the week. Healthy snack and free play.

### Session III: Jan 8th – Feb 26th (no group 2/19) 7 weeks \$56.

Jan 8: London Bridge • Jan 15: Muffin Man • Jan 22: BINGO  
Jan 29: Three Blind Mice • Feb 5: Baa Baa Black Sheep  
Feb: 12: Down By the Bay • Feb 26: Grand Old Duke of York

### Session IV: March 5th – April 2nd, 5 weeks \$40

March: 5: She'll Be Coming Round the Mountain • March 12: Speckled Frog • March 19: If You're Happy and You Know It  
March 26: You are My Sunshine • April 2: Row Row Row Your Boat

## SENSORY PLAYGROUP

Fridays, 9:00-10:15 a.m., Ages 1 & 2

A playgroup dedicated to new discoveries for your little one. Children will explore their five senses while playing with friendly baby safe ingredients. Circle time, free play, and snack included.

### Session I: January 11th – February 8th, 5 weeks \$40

Jan 11: Snap Crackle Pop Play • Jan 18: Sensory Bottles  
Jan 25: Pool Noodle Race Track • Feb 1: Indoor Snow Play  
Feb 8: Valentine Craft

### Session II: March 1st – April 5th, 6 weeks \$48

March 1: Teddy Bear Picnic • March 8: Finger Painting  
March 15: Rainbows • March 22: Spring Fun  
March 29: Homemade Glue 101 • April 5: Seeds

## IT'S THEATERTIME

Wednesdays, Feb 27 to April 10, 9:30 a.m. – 10:00 a.m. Ages 3-5  
February 27th – April 10th, 7 weeks, \$30

Judy Potter will enchant us with a story, guitar music, and songs. The children will be encouraged to act out the story they have just heard. Audience participation, pretend play, and music make this a very special interactive group for you and your child.

**REGISTER at [www.LYSB.org](http://www.LYSB.org)**

Lymes' Youth Service Bureau  
59 Lyme Street, Old Lyme, CT 06371  
860-434-7208 [www.lysb.org](http://www.lysb.org)