

2021-22 Academic Schedule

2019-20 Daily Schedule

8 - Period schedule

6 – Periods per day

4 – Day rotation

2 – Periods rotate out per day

57 – Minute periods

3-4 – Class meetings per week based on rotation

130.4 hours per course per year

2020-21 Daily Schedule

8 - Period schedule

4 – Periods per day

2 – Day rotation

4 – Periods rotate out per day

85 – Minute periods

2-3 – Class meetings per week based on rotation

129.6 hours per course per year.

Rationale for Change

- Reduce the number of class changes and transitions.
- Incorporate 4 lunch waves.
- Seamless transition to a remote daily schedule if needed.

Survey Results

95% of teachers would like to continue with a 4-Period daily schedule.
85 % of students would like to continue with a 4-Period daily schedule.

Teacher Comments:

- More time for practice, deeper more meaningful learning experiences for students
- I am able to teach a new concept and give students time to do practice problems all in one class period
- Longer periods allow for more time, more activities, more variety. Students say they appreciate having fewer disruptions to the day.
- We have the ability to work on long term projects together. The longer periods allows us to focus on both academic and SEL/Executive Functioning.
- The extended blocks are helpful in the fact that each period can be split so that students can work on goals and objectives and also have time to receive academic support as needed. This also helps if the student needs to meet with a related service provider.

Student Comments:

- Having classes every other day and having more class time make homework easier to manage.
- The 4 period schedule helps reduce the homework load and keeps my head more focused to the task in hand.
- Having more time to work on and complete homework and extra practice. We have more time in class to do more things and have longer, more in depth discussions.
- Having four classes a day cuts down on my stress of having to do homework for 6 classes every single night.
- I believe that these longer classes help keep us more engaged in the topic we are learning

Other Benefits of a 4-Period Day

- Reduce the number of students for and with whom teachers must prepare and interact each day allowing for more personalized and focused instruction.
- Reduce the number of classes, and the accompanying assignments, tests, projects that students must address supporting our “balance the ride” focus.
- Reduce fragmentation of instruction in classes requiring extensive practice and lab work.

How Do We Compare?

Darien

Wilton

New Caanan

Weston

Greenwich

Simsbury

Ridgefield

Avon

Staples

Challenges

- Pacing
- Instructional Practices
- Kinesthetic Learning Regression

Looking Ahead

- Uncertainty of COVID restrictions for the 2021-22 school year.
- Overwhelming staff and student support.
- Inter-School collaboration / research.

LOLHS will continue implementing the 4-period, 2-day rotation daily schedule for the 2021-22 school year.

A Closer Look

- Live in the schedule in “normal” times
- Find solutions to the challenges
- Collect and analyze performance data